Go to https://www.pfsense.org/download/

click on “Download”

It will take to you Netstat website.

Add the product to your cart and check out, fill in your details and it will then allow you to install the software.

When the software is installed, right click on the file go to 7-zip and click on “extract the files”. You will need to have 7-zip already installed to extract the files.

On you virtual box, click on “New” then type in “pfsense firewall” as the name. In "Type" select BSD. "Version" select FreeBSD (64-bits). A screenshot of a computer

Description automatically generated

Select 2 gb as memory and two cores of processor. Keep everything else as default and click on next and finish at the end.